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# Begin with the End in Mind

## INTRODUCTION TO “BEGIN WITH THE END IN MIND”

“What lies behind us and what lies before us are tiny matters compared to what lies within us”

### Oliver Wendell Holmes

Habit 2 gave an indelible picture in front of readers. Covey wants us to visualize our own funeral and he said that ask your own self that “how do we want to remembered? How will people describe us in the end?” The writer encourages us to think on these questions and if we found the answers and if we recognized that at the end of our life what we want from people to think about us so we have to plan our present and work hard to achieve the goal we want to achieve.

### DEFINITION

Habit 2 is about “to begin today with the image, picture, or pattern of the end of your life as your frame of reference or the formula by which everything else is examined. We have to start with a clear understanding of your destination. It means to know where you’re going so that you better understand where you are now and so that the steps you take are always in the right direction”.

According to Martin, (2009) it has studied that to improve and develop the representative government movement we need to deliberate and exercise as much as we can. There are many people and communities who work, are expecting to create a tangible influence in their organization. An imaginary structure has been designing in this study to create an acid for the professional in more comprehensive manner. It includes both short-term and long-term plans, which notify the professional’s endeavor. Martin plan six well-defined goals in three groups.

### The First Order Goals

He claims that “improving a community’s capacity to solve problems serve well as the ultimate goal of deliberative particle”. Under this heading, three goals are aligned according to their importance. Martin took himself as purposeful professional, he thought to challenge them to lift up their point of view regarding their personal affairs and task

### The Second Order Goals

- Individual/ community action
- Improved institutional decision making

### The Third Order Goals:

Improved community problem solving.

## THE DESIRED IDEAL END STATE OR BENEFITS OF HANDLING

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## THE ISSUES

- A Fact that there are always two creations of on your experiences.
- The first creations take place in your mind it's where you visualize what you want to achieve.
- The second creations are when you align your actions to your visualizations.

Nothing actually happens without these two creations if you don't follow these major creations you can't succeed in any of goals you want to achieve in life.

## BUILDING YOUR MISSION

When you write down what you want to Achieve it's more likely that you will achieve it. "There is some power in envisioning what you intend to Accomplish" Writing down your goals is called a "Mission" or a "purpose". Research shows: "There are 42% Chances of you achieving the Goals if have written them down."

## STAYING ON COURSE

Developing a mission and starting it down would not be able to reach to it. Stephen covey. Used to teach the 2nd habit Beginning with the end in mind every week no matter what was going around his life. He would never forget to review his goal every week. Daily routine and social pressures can cause us to drift away from our mission.

## ISSUES

Not knowing your center: One of the major hindrance in Achieving "learn" approach is we don't know what or true "center" is we start with a "center" that is not a true "principal- Based" one some of the typical centers are:

- Money Center: Most of the people who are money centered they keep money first on everything.
- Spouse Center: These kinds of people always prioritize their spouse their whole existence depends upon the feelings of their partners.
- Family center: Family Centered people prioritize their families first their life revolves around general stability of their family.

Not in control of our own lives: Stephen covey challenges us to realize how much we are in control of our own lives?

## MAJOR ISSUES

### ARE WE OKAY OF WHAT LIFE IS GIVING US?

Are we okay of what life is giving us or whatever just "happen to us" are we are amongst few people who knows how to be in control of our own lives most of us are among the first category, we do not know how we want thing to come out in the end If we don't know how we want things

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to come out in the end? how will we think about how so get up there?

## **DON'T HAVE CLEAR AIMS AND OBJECTIVES**

Have you ever started a project at your company/school/college without even thoroughly defining what was supposed to be achieved in the end? If you don't have a clear aim or objective of what you really want in the end whether it's about your life or just a project, you can't reach to the finishing line successfully. People tell us, if you don't know where you are going, any road would take you there but what they don't tell us is that how much amount of energy, time and money would be spent in reaching there.

## **ALIGN PRIORITIES (BALANCE WORK AND LIFE)**

Some people despite of knowing their aims objectives and a controlling nature are distracted and don't realize the importance of prioritizing their work to their life. Some people are just confused on work life and self

## **Recommendations of a systematic approach to handle the issues**

First of all, you need to find out your center is it your family, friends, work or your community? Or your overall want to become the Jack of all cards. The best way is to visualize how you want to die and what to do you want people to remember about you. Take a few moments from your life to record that with your mission statement. This is our self-made chart which according to us would help an individual develop the habit of beginning with the end in mind.

First column has the list of goals the person to achieve 2nd and 3rd column show whether you have already achieved and of not (unsatisfactory results), you 4th column lets you write the ways you can achieve them. This way you would develop a habit of writing down your short term and long term goals and the ways to achieve them. Me and my group mates personally tried to make the chart and develop habit of writing down goals in the end, we were habitual of erasing the unsatisfactory ticks to satisfactory.