
Lifespan Development: Journey from Childhood 'Till Adulthood

You first start with the germinal stage; this is where conception is taking after the zygote reaches the uterus. After two weeks, this is when the embryo takes its place then becomes a fetus. A newborn baby can grow fast the first few years each month the baby will gain 1.5 to 2 pounds and grow 2-3 inches each month.

Socioemotional development of prenatal and infancy when the baby in the fetal stage it may respond to voice by kicking. When it's in the infant stage, he or she will communicate by crying this is for the parents to figure out what type of cry it is it maybe I'm hungry, sleepy and wet.

Babies mind grow everyday day they see hear and learn new things on a daily basis. It may take them sometimes to learn how to do with they see, but they will eventually get it. New neon interacts with there environment through reflexives behaviors they don't think, but they will follow their instincts.

The mother doesn't take full care of her body while she is pregnant; this can cause some concerns. Not going to her regular check-ups, eating bad, stressing, and drinking alcohol can be very dangerous for the baby. This can cause a health issue, and maybe they lead to miscarriage. This is why I advised all mother to take care of there body the best they can.

Physical development in early childhood starts with infants they love to move around and grab everything. Toddlers between the ages of 1-3 learn how to walk talk, jump, dance, color, drink eat, and ride a tricycle. Preschool kids ages 3-5 has a physical skill like standing on one foot for ten seconds or more, hopping or skipping, swinging and climbing, throwing and catching a ball

Early childhood from the age 4-5 children began to engage in activities with other children. Also, try to make friends if they see anyone that around there period, they know how to express what they want, and when they want it. They know how to use their words instead of communication with cry's

Early childhood in cognitive development at this age, your child will start to do with the child see and hear. They will pick up on your behavior and emotion when you happy there happy when you're sad there, sad. If you start dancing, they will begin to dance; they are like Lil Robots copying your every move.

You should always have your child in a safe environment no matter what especially when there in there early childhood. Children this age put anything and everything in their mouth. So you should put

Alcohol, medication, drugs, and cleaning supplies up and away from your child.

School-aged child ages 6-12 at the child of this age know right from wrong. Has good hand-eye

coordination can engage in conversation and activities. Teens from 13-18 have physical changes like puberty, growth spurts, bodyweight going up or down. Body parts have enhanced voice changes and periods.

Middle childhood in cognitive development at this age children have logical. They also can control their thoughts and emotions and actions. They know how to solve problems and know how to be a helping hand to others. They can accomplish their goals; they have an excellent memory and learning a life skill. Late childhood ages 13-19 is the same as middle childhood they have already established their social ties. Each individual is now going through their puberty phase they are into getting into relationships have sex and partying. They can speak up for themselves make their own decisions to take care of their loved ones. Middle childhood in cognitive development at this age children have logical. They also can control their thoughts and emotions and actions. They know how to solve problems and know how to be a helping hand to others. They can accomplish their goals; they have an excellent memory and learning a life skill. Late adulthood cognitive development at this stage of a teen's life the mind has expanded and grown since the last stage. Teens are mature and can make decisions based on knowledge. They can make life decisions and be independent on some occasions. Want to make their own decisions and have full control of their life.

Middle childhood is a little older, so that means that they can get into more things. They are also aware of their environment so parents shouldn't have any guns in the house kids this age think weapons are fun and will accidentally pull the trigger. Someone will die and get hurt; you should always teach your child right from wrong and show the love unconditionally.

Late childhood, you should teach your child from right and wrong; they are hitting puberty at this age, and they are in high school. You should talk to your teens about safe sex and don't let anybody peer pressure them to do anything they don't want to do and know they shouldn't be doing. The primary physical growth in adolescence is puberty every person experiences this. During this time, your body begins to change, and your hormones began to increase the individual shape, height, and weight change your voice deepens for males and periods breast, and hips develop for females. An adolescent is when a child from the age of 17 and downturn into an adulthood 18 and up. This is when the teen finally becomes an adulthood and know how to take care of his or her self. He or she would know how to handle his or her self in a life crisis without anybody help.

Cognitive development in adolescents these teens transferring into young adults are about to focus and have complex thinking. Begins to question everything they do and always see overthink life decisions. Try to figure out what they want to do with their life and how are they going to get to that goal. When you are growing up, you should take the time and show them how to make life decisions. Because as a parent, they tend to do everything for their child and not teach them how to do it for themselves. It's always good to help your child's transgressions from a teen to adulthood. Early adulthood from ages 20-40 is the peek into adulthood; this is where many physical changes come in to play your height, and weight might increase or decrease depending on your food habits and healthy eating. At this stage of your life, you will have muscle strength, reaction time, sensory abilities, and cardiac functions. Early adulthood from ages 20-40 at this stage of an individual's life they are more focus on finding love. They want to have a perfect family and be loved by someone other than their parents. So an individual will put their self out there to find that kind of love may try to act differently to impress the one they want.

Cognitive development in early adulthood at this stage of a person's life, you will become more aware of everything. They will tend to overthink things and questions everything that is being presented to them. Young adulthood develops a sort of expertise in education and their career; they also have excellent problem-solving skills. Early adulthood can be difficult when you first get to that stage in life. You should never give up and always keep trying to make a good living for yourself and others if you have to. Don't stress too much or think about killing yourself because life is too hard to keep your head up and never give up.

Middle adulthood (age 40-65) you will see lots of changes happening to your body that come with old age. Like gray hair, eye problems, hearing problems, wrinkling the skin, age spots, etc. You can't stop these problems from happening, but you can slow them down by taking care of your body. Middle adulthood (ages 40-65) at this time of your life; you are more worried about achieving a goal or achieving something new. You're trying to make your life count for something and try to be the person you dreamed of when you were just a kid. You also depend on your partners or family to keep you healthy and to help you.

Middle adulthood in cognitive development has the same mindset as early adulthood. So at this age you're still able to solve problems, take tests, and make the best decision for you. But the mind starts to slow down at this stage as well, which means you won't be able to do those things as quickly. Middle adulthood could be difficult for people at this age; it's because they start to see changes there not used to. Like gray hair and wrinkly skin, nobody likes the feeling of getting old at this age; you should start eating healthier and exercising because your body is at a higher risk of gaining health problems so to prevent that you should take good care of your body.

Late adulthood (ages 65 and up) can be hard on a person because you aren't able to do all the things you used to do. Like sports, partying, remembering, and picking up heavy items. I'm not saying all late adulthood but most of your physical health problems, memory loss, lose elasticity, reduce in size, etc. Late adulthood (ages 65 and up) at this stage of their life they become more dependent on others than themselves. They need more assistance with everyday duties they may struggle with their feelings, and they might feel ashamed and helpless. If an older adult has to move away to a home, they may feel abandoned, lonely, and depressed. Late adulthood in cognitive development at this stage of your life, your mind won't be able to do all the abilities it once could. It will be hard for most to remember dates, times, events, and promises. It will be hard to think and will need help to do simple things like paying a bill or filling out paperwork.

Late adulthood, at this stage, most adults aren't able to take care of themselves; they are dependent on their loved ones and caregivers. This can cause the person to feel helpless and angry because they need people to help to do the things they once could. This is why their family or caregivers should never feel like they're a burden. End of life is when death is near, and you don't have much time left to live. There are many signs that an individual is dying; he or she may not want to eat or drink; they will sleep more and talk less. They would be mentally confused, vision, and hearing may be impaired. End of life may be confusing and scary to everyone who goes through this. At this time, this person may try to express how they feel to their loved ones. He or she who is experiencing the end of life may be scared, angry, guilty, regret, grief, and anxiety. They may feel this way because they feel like they didn't do enough with the time that was given to them. End of life cognitive development at this stage of an individual's life they will have many different emotions thrown at them. They will have mood swings, anxiety, and confusion. But visions are a unique one the individual may tell you they see a person or a place that you can't see.

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