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## Winning Isn't Everything: Importance Of Victories

'Winning isn't everything, it's the only thing' once said by known NFL coach Vince Lombardi. Sometimes winning isn't everything, people need to lose once in a while to win. Many life lessons can be learned from losing occasionally allowing us to learn and grow. There are many positives to winning, such as; the confidence boost it brings, keeps you motivated, and drives you to keep going. Losing, of course, has its downsides. For instance, it doesn't feel good to lose, and constantly losing can cause us to become unmotivated and turn us off from a sport or activity. Between winning and losing, there has to be balanced. Times we win, and then times we lose.

Losing can be hard to cope with, but it builds character. Losing shows us how to keep going on when times get rough and shows us how strong we really are. When you lose you can either pick yourself up and dust off or sit there and quit. Your character will be shown in how you respond to loss and fail. Losing allows you to analyze what you did wrong. For example, in soccer, you want to become a better shooter or you want to learn how to control the ball better. By viewing your mistakes and making a plan to overcome your weaknesses, you can figure out how to win. To overcome your area of weakness you will have to practice, a lot. Those who mastered a sport or an activity did so by practicing, going with the saying "practice makes perfect".

In reality, we don't always get what we want. Sometimes we can get the win such as the job promotion, an auction, or a game, sometimes we don't always win. Losing can be a great way for young people to get prepared for life ahead of them. When young people lose they can have a hard time coping with it at times, but it will prepare them for the future to cope with life as adults. For example, Thomas Edison failed about 10,000 times when he was creating the first viable lightbulb. Thomas finally invented a viable lightbulb that grew to the ones we use today. The only way he accomplished this was by failing. Thomas failed countless times throughout his life, but coped with the failures and kept trying until he accomplished his goals. Therefore, failure and loss are almost necessary for young people to experience success later in life.

When we lose, we grow and mature as human beings. We create a deeper and stronger understanding of ourselves and the reasons why we do things in our lives. Losing helps us create a perspective on things and helps develop meaning from the painful situations we live in. For example, Abraham Lincoln was born into poverty and had many great failures before he was president, such as, losing eight elections, two businesses failed and suffered a nervous breakdown that led him to be rested for six months. Through these failures and hard times, Abraham gained a new perspective on life and became one of the best presidents of the United States. Therefore, failure can help us create a new perspective on life and have us grow throughout life.

There are many life skills and lessons that can be learned from losing and failing at parts of life. In the end, winning isn't everything, we have to lose at times to grow and mature for challenges we may face in the future.